

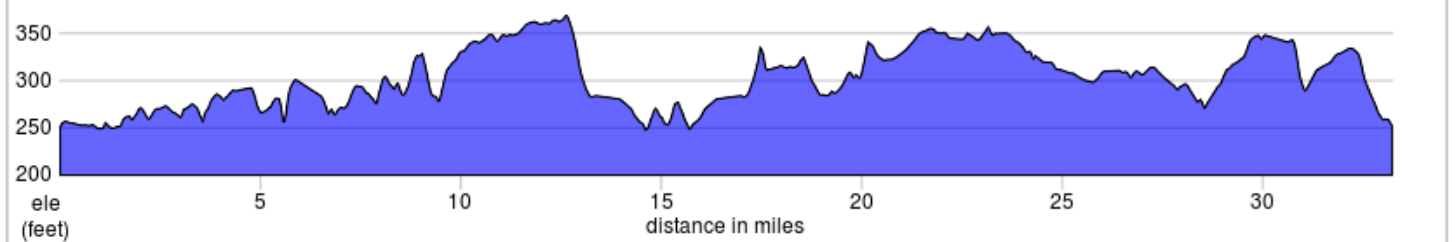
944-1 Port Vincent to Clayton and Back SCBC

Leave from Kingston. Take Passports. Take the ferry to Wolfe Island - ride across the Island on Highways 96 and 95 to Point Alexandria- take ferry to Cape Vincent, N.Y. THE CUE STARTS HERE. ZERO COMPUTERS. - Ride to Clayton and visit the Antique Boat Museum - return to Kingston via ferry boats!

Originated by John Shaeffer May 2017

Elevation gain 841 ft Gain per mile 25 feet.

RideWithGPS Map. <https://ridewithgps.com/routes/20908724>



944-1 Port Vincent to Clayton and Back SCBC

0.0	▶	Start of route
0.1	←	L onto Broadway St (HWY 12E)
14.8	←	L onto Theresa St
15.1	→	R onto Mary St
15.1	←	L into the Boat Museum parking lot.
15.2	←	From the Boat Museum L onto Mary St
15.2	→	R onto Alexandria St
15.4	→	R onto State St/Hwy 12E.
17.5	←	L onto Crystal Springs Rd
28.1	→	R to stay on County Rte 4
30.0	→	R onto NY-12E N
33.0	→	R onto Broadway St
33.2	←	L onto S James St
33.2	▣	End of route

33.2 miles. +796/-795 feet

944-2 Thousand Island Parkway to Gananoque, Ontario SCBC



Ride starts at start of Thousand Island Pkwy outside of Brockville with lunch stop in Gananoque and returns via the Pkwy!

Originated by John Shaeffer May 2017

Elevation gain 564 ft.

Gain per mile 12 ft.

RideWithGPS Map: <https://ridewithgps.com/routes/20920153>



944-2 Thousand Island Parkway to Gananoque, Ontario SCBC

0.0	▶	Start of route
0.0	□	Start on the Waterfront Trail at the intersection of Thousand Islands Pky and E Townline Rd
12.0	←	Rockport on L - possible RR stop!
14.1	➔	R onto Thousand Islands Pkwy
14.7	➔	R onto Reynolds Rd/County Rd 3
14.7	←	L onto Waterfront Trail
16.7	←	Peck's Marina on L - Possible RR!
22.8	←	End of Bike Trail!
22.8	➔	R onto Thousand Islands Pkwy
23.0	↑	Ontario 401 E ramp to Gananoque
23.4	↑	Continue onto King St E
23.6	←	U-Turn at Tim Horton's to return to Brockville!
23.9	↑	1000 Islands Parkway ramp

23.9 miles. +276/-289 feet

24.2	↑	Merge onto Thousand Islands Pkwy
24.3	←	Slight L onto Waterfront Trail
32.4	➔	R onto Reynolds Rd/County Rd 3
32.4	←	L onto Thousand Islands Pkwy
33.0	←	L onto Waterfront Trail
47.1	□	End at E Townline Rd
47.1	▣	End of route

23.2 miles. +273/-245 feet

944-3 Upper Canada Village to Cornwall and back SCBC



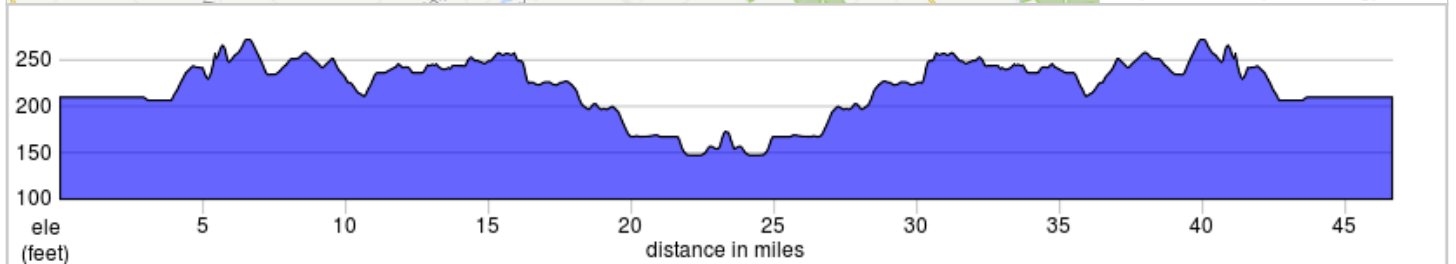
Follows Waterfront Trail and Long Sault Parkway into Cornwall and returns on same route!

Originated by John Shaeffer May 2017

Elevation gain 578 ft.

Gain per mile. 12 ft.

RideWithGPS Map: <https://ridewithgps.com/routes/20918368>



944-3 Upper Canada Village to Cornwall and back SCBC

0.0	▶	Start of route
0.0	←	Begin ride at Upper Canada Village parking lot!
0.0	→	R to Access Waterfront Trail.
3.0	←	Upper Canada Bird Sanctuary Visitors Cneter on left! Rest Rooms available here!
3.2	→	R to stay on Waterfront Trail
6.7	→	R onto Long Sault Pkwy
12.8	→	R onto Waterfront Trail
13.2	→	R onto Stormont, Dundas and Glengarry County Road 2
13.5	→	R onto Waterfront Trail
15.1	↑	Continue onto Ault Park Rd/Fran Laflamme Dr
15.2	→	Slight R onto Waterfront Trail
18.3	→	Slight R to stay on Waterfront Trail
19.0	→	Slight R to stay on Waterfront Trail

19.0 miles. +219/-232 feet

19.7	←	L to stay on Waterfront Trail
19.8	→	Slight R onto Second St W
19.8	←	L onto Waterfront Trail
22.1	→	Slight R to stay on Waterfront Trail
22.6	←	L to stay on Waterfront Trail
22.7	→	R to stay on Waterfront Trail
23.1	←	L and cross Water St (Hwy 2)
23.1	↑	Straight onto Pitt St
23.3	🍴	Lunch. Many restaurants in this block.
23.3	↻	U-Turn and proceed to First St
23.3	→	R onto First St W
23.4	←	L onto Augustus St
23.5	↑	Cross Water St and enter Waterfront Trail.
23.6	→	R onto Waterfront Trail
23.9	←	L to stay on Waterfront Trail
24.0	→	R to stay on Waterfront Trail

5.0 miles. +32/-66 feet

26.8	→	R onto Second St W
26.8	←	L onto Waterfront Trail
26.9	→	R to stay on Waterfront Trail
31.4	↑	Continue onto Ault Park Rd/Fran Laflamme Dr
31.5	←	Slight L onto Waterfront Trail
33.1	←	L onto Stormont, Dundas and Glengarry County Road 2
33.4	←	L onto Waterfront Trail
33.7	←	L onto Long Sault Pkwy
39.9	←	L onto Waterfront Trail
43.3	←	L to stay on Waterfront Trail
46.5	←	L
46.6	→	R
46.6	←	Upper Canada Village parking lot - End of Ride!
46.6	🏁	End of route

22.7 miles. +257/-223 feet

944-4 Rideau Canal & River Ride in Ottawa SCBC

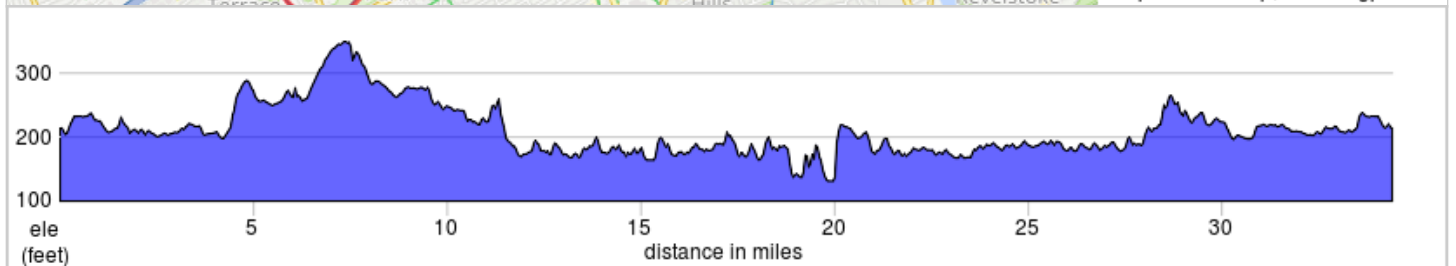
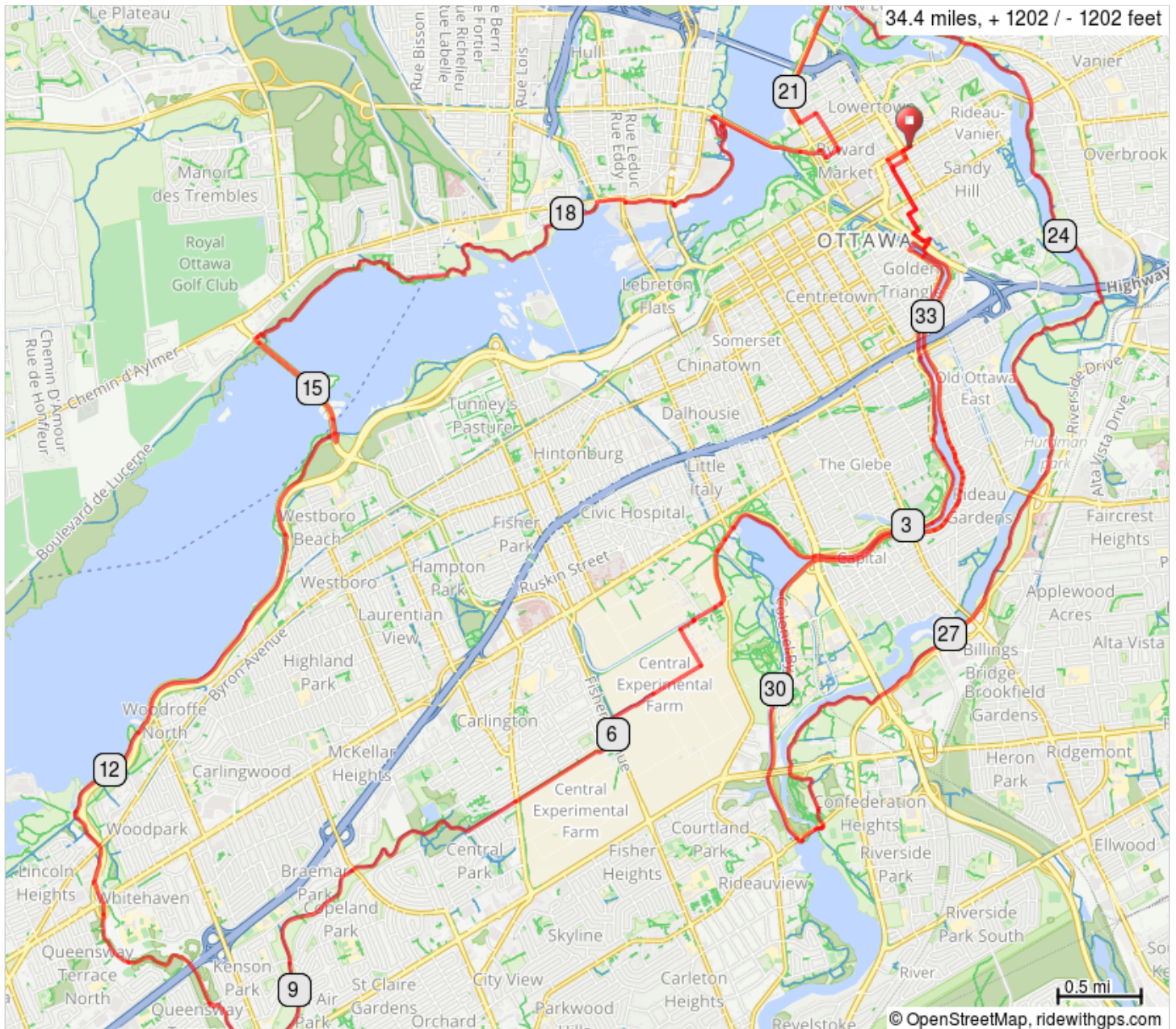


Follows mostly cycling paths along the Rideau Canal, the Rideau River, and the Ottawa River! Starts at the Day's Inn in Ottawa.

Originated by John Shaeffer May 2017 Updated Sep 7, 2017.

Elevation gain 1203 Feet Gain per mile 35 feet/mi

RideWithGPS Map: <https://ridewithgps.com/routes/21100804>



944-4 Rideau Canal & River Ride in Ottawa SCBC

0.0	▶	Start of route
0.0	←	From the Days Inn head East on Rideau
0.2	←	L onto Cumberland St
0.5	→	R onto University Private
0.5	←	L to stay on University Private
0.7	→	R toward Corktown Footbridge
0.8	→	Sharp R toward Corktown Footbridge
0.9	→	R toward Corktown Footbridge
1.0	→	R onto Corktown Footbridge
1.0	←	L onto Rideau Canal Western Pathway
1.4	↑	Continue straight to stay on Rideau Canal Western Pathway
4.3	↑	Continue onto Prince of Wales Dr/Route 73 S
4.7	↑	At the roundabout, 1st exit onto National Capital Commission Scenic Driveway

4.7 miles. +171/-107 feet

4.9	←	L
4.9	→	R onto Experimental Farm Pathway
5.0	←	L onto Morningside Ln
5.3	→	R onto Cow Ln
5.6	↑	Continue onto Experimental Farm Pathway
6.1	→	R onto Fisher Ave/Ottawa Regional Rd 69
6.1	←	L onto Experimental Farm Pathway
6.8	↑	Cross Merivale Rd and continue on Pathway
7.2	→	Slight R to stay on Experimental Farm Pathway
7.3	←	L to stay on Experimental Farm Pathway
9.3	→	Slight R to stay on Experimental Farm Pathway
9.4	←	Slight L onto Pinecrest Creek Pathway

4.7 miles. +135/-138 feet

9.5	→	Slight R to stay on Pinecrest Creek Pathway
9.9	□	Cross Iris St. Pathway is on the L.
10.8	→	Slight R to stay on Pinecrest Creek Pathway
11.2	→	R to stay on Pinecrest Creek Pathway
11.6	→	R onto Ottawa River Pathway/Trans Canada Trail
12.2	□	Deshenes Rapids Lookout on the L.
13.9	←	Westboro Beach Cafe on L - Rest stop and RR!
14.6	→	R toward Island Park Dr
14.7	→	R onto Island Park Dr. Continue across Champlain Bridge
15.5	→	R onto Pathway
15.5	→	R to remain on Pathway
16.5	→	R to stay on Rte Verte 1/Voyageurs Pathway

7.1 miles. +232/-321 feet

17.2	→	Slight R to stay on Rte Verte 1/Voyageurs Pathway
17.8	→	R to stay on Rte Verte 1/Voyageurs Pathway
18.2	→	R to stay on Rte Verte 1/Voyageurs Pathway
18.6	↑	Pedestrian tunnel
18.7	←	L
19.4	←	L
19.4	←	L onto Trans Canada Trail
19.5	→	R to stay on Trans Canada Trail
19.6	→	R to stay on Trans Canada Trail
20.0	→	Slight R onto Alexandra Bridge
20.2	→	Slight R onto Murray St
20.3	→	R onto Tin House Ct
20.4	←	L onto Clarence St
20.4	←	Lunch Stop - Multiple restaurants within 2locks of this point!
20.5	←	L onto Parent Ave

4.0 miles. +228/-221 feet

20.7	←	L onto Bruyère St
20.8	→	R onto Sussex Dr/Ottawa Regional Rd 93
21.6	→	R onto Stanley Ave
21.7	→	R toward Rideau River Eastern Pathway
21.7	←	L onto Rideau River Eastern Pathway
22.0	←	L to stay on Rideau River Eastern Pathway
22.2	→	R onto Stanley Ave
22.3	→	R onto Rideau River Eastern Pathway
24.4	→	Slight R to stay on Rideau River Eastern Pathway
28.4	←	Slight L to stay on Rideau River Eastern Pathway
28.8	←	Hogs Back Falls on right!
28.9	←	Slight L onto Hog's Back Rd/Ottawa Regional Rd 51

8.5 miles. +289/-250 feet

29.0	←	Slight L onto Rideau Canal Eastern Pathway
29.0	→	R to stay on Rideau Canal Eastern Pathway
30.1	←	Slight L to stay on Rideau Canal Eastern Pathway
33.5	→	R
33.6	←	Sharp L
33.7	←	L onto University Private
33.9	→	R to stay on University Private
33.9	←	L onto Cumberland St
34.2	→	R onto Besserer St
34.3	←	L onto King Edward Ave/Ottawa Regional Rd 99 N
34.3	→	R onto Ontario 17 Business/Rideau St/Ottawa 34
34.4	□	End at the Days Inn
34.4	▣	End of route

5.5 miles. +124/-147 feet

944-5 Ride to the Champlain Lookout SCBC



Beautiful ride thru the Gatineau Park with turn-around at Champlain Lookout!

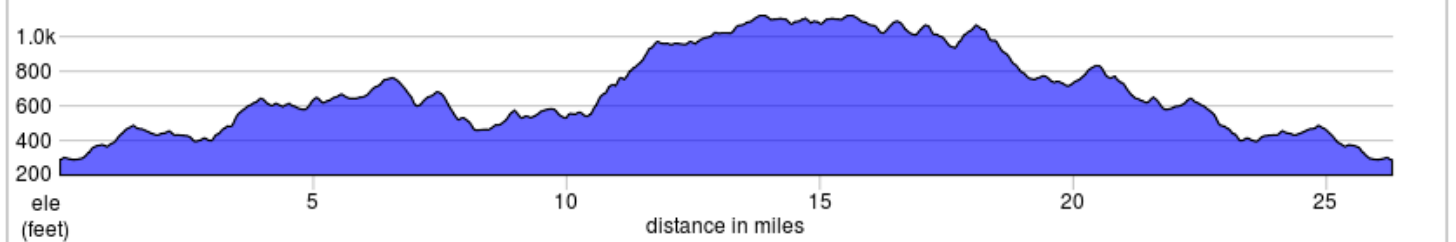
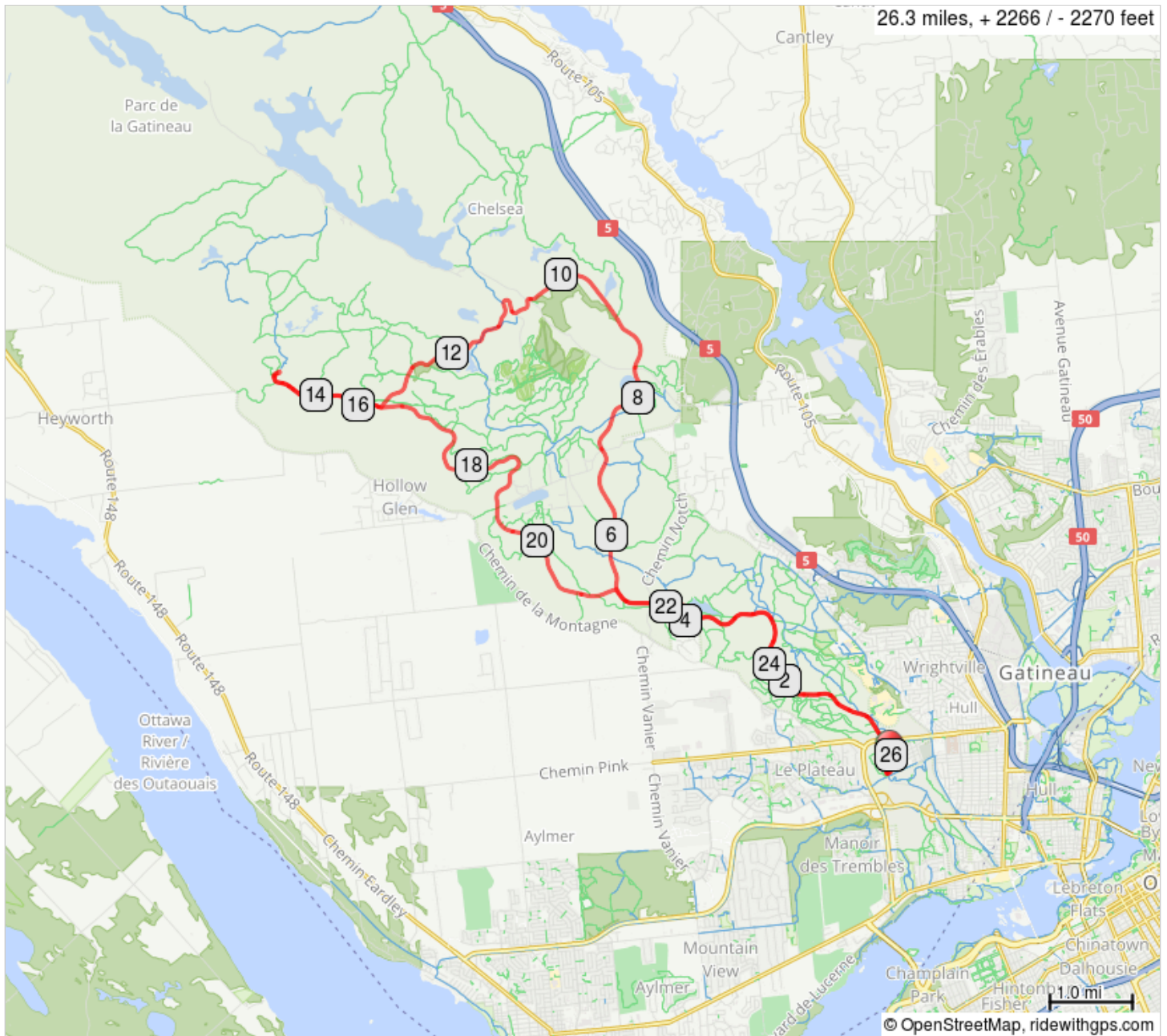
Significant climbs on the way up!

Originated by John Shaeffer May 2017


Elevation gain 2270 feet.

Gain per mile. 87 feet

RideWithGPS Map: <https://ridewithgps.com/routes/20894358>



944-5 Ride to the Champlain Lookout SCBC

0.0		Start of route
0.0		R
0.1		R onto Prom. de la Gatineau
4.2		R toward Trail 35
4.4		L onto Trail 35
4.4		R toward Prom. de la Gatineau
4.6		R onto Prom. de la Gatineau
10.5		Continue onto Chemin Dunlop
10.7		Slight R onto Promenade du Lac-Fortune
13.2		R onto Promenade Champlain
14.6		Slight R to stay on Promenade Champlain
14.8		Champlain Lookout. Continue on Promenade Champlain
21.3		R onto Prom. de la Gatineau
26.2		L into parking area.
26.3		End of route

26.3 miles. +2208/-2212 feet