

## **Bean Salad/Dip** – Brenda Luikart

1/3 – 1/2 C. sugar

1/2 C. red wine vinegar

1/2 C. oil

1/2 tsp. basil

2 – 4 T. fresh parsley and/or cilantro

1/2 tsp mustard

1 tsp salt

1/2 tsp. pepper

1/2 C. chopped red onion

1/2 C. red and/or green pepper

3-4 cans of whatever beans you like:

black-eyed peas, garbanzo beans, black beans,,,  
(well-drained)

1 can corn –well drained (or 16 oz. frozen corn-rinsed in hot water)

Mix all well-- chill

Serve as dip with the “Scoops” tortilla chips or just as a bean salad