



Spokin' Word

The voice of cycling in greater Stark County



November 2025

"Cyclists fare best when they act and are treated as drivers of vehicles." J. Forester



Photo by Debbie Mohler

SCBC Oktoberfest riders



Spokin' Word

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November 2025

Volume LVII Issue 11

2025 Club Officers

President	Sally Griffiths	330-705-4435
Vice President	Dave Swinehart	330-940-9810
Recording Secretary	Fran Massaro	
Road Captain and Safety	Sharon Fritts	330-418-5285
Treasurer	Roy Schlabach	330-730-1722
Trustees	Donna Benzing	330-354-6185
	Ben Young	234-360-6081
	James Ruberti	832-605-0581
	Bruce Treiber	330-844-1434
	Don Richards	330-488-4303

2025 Appointed Positions

SCBC Plus Director	Sally Griffiths	330-705-4435
Advocacy	Dave Cardarella	330-417-2681
Cartographer	Rob Stewart	330-807-5594
Membership	Thom Spellman	330-807-7651
Featured Member Article	open	
New Member Mentor	open	
Newsletter Editor	Dave Cardarella	330-417-2681
Roving Photographer	Debbie Mohler	330-575-1399
Statistician	Bruce Treiber	330-844-1434
Web Page Manager	Paul Schroedl	330-575-3547
North Canton Kids Tri	Donna Benzing	330-354-6185
	James Ruberti	832-605-0581
North Canton Police Rodeo	Lucy Figg	

SCBC Meetings



Canal Grille

2223 Locust St
Canal Fulton, OH

Date: The first Tuesday of the month
Time: 6:00 pm - Dinner (Optional, cost on your own)
7:00 pm - Business Meeting
7:40 pm - Program

Visit the Stark County Bike Club on the World Wide Web!

www.bikescbc.com



Join our Facebook group "Stark County Bicycle Club"
Set your notifications to stay in touch.

We have 96 group page members and counting!!!
It is a great way to keep up with club information

The Spokin' Word is a publication of the Stark County Bicycle Club.

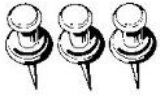
Dave Cardarella - Editor-

Articles should be sent to: davecardarella@gmail.com
Submissions are due by the 25th of the month.

Sally Griffiths - SCBC Plus Chairman

Spokin' Word SCBC Plus membership
Small - includes 2 memberships & 1/4 page photo \$50
Medium—includes 4 memberships & 1/2 page photo \$95
Large—included 8 memberships & Full page photo \$160

Questions regarding SCBC Plus should be directed to
sagriff64@gmail.com



Meeting Programs:

See you there!

**November 4—Mobility for the Cyclist by
Dr Kayla Kerek
Physical Therapist**

**Programs needed, contact Dave Swinehart if
you have a program idea.**



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Sally Sez So...

from SCBC President Sally Griffiths

It takes a team to keep the wheels turning! Our club thrives because of passionate riders like you!

Officer elections are coming up, and we are looking for fresh ideas and energetic leaders to help guide our next great year of rides and adventures. Whether you've been a member a month or a decade, your voice matters! Please consider stepping up and shaping the future of our club by running for an officer position. You can reach out to me or any board member to talk about the different positions. All positions can also be reviewed on the SCBC website under "About US" SCBC Constitution.

The 2026 Officer Ballot will be posted on the website and emailed to the membership in December. This year, in addition to officers, we are also adding a new category to the ballot- "Ride Leader of the Year" for 2025, so be sure to cast your vote and make your voice heard!

There will be no December meeting due to low attendance and limited venue availability during the holiday season.

Many thanks to Rob and Janice Spalding for hosting a wonderful Oktoberfest! The event was well attended, the weather was perfect, and the food was fantastic. A great time was had by all—thank you for helping make this tradition such a success!

We're excited to announce that this year's Club Banquet will be held at a new venue: La Pizzeria, 3656 Dressler Road

We can't wait to share this fresh setting with everyone! More details will be included in the December issue of *The Spokin' Word*.

Fall is almost behind us and winter is fast approaching. I will miss many members that choose indoor activities through the winter over cold weather riding. I know myself and a few others will be out there when the weather permits. Heated gloves and socks make all the difference for cold weather riding, and make great Christmas gifts!

As always, we want all our members to be safe and enjoy their rides!

Let's be proactive and most importantly have a safe ride experience!

Sally G



Welcome New Members

Six new members joined SCBC in October
Please take time to make them welcome

Dave and Jen Novak—Akron

Sam Oleskey and Nathan Thiel—Magnolia

Carl Swigart—North Canton

Shauna Masonbrink—Canton



Banquet News!

The theme for our upcoming awards banquet will be “As the Wheels Turn”. This clever theme was suggested to the committee by Fran Shaeffer (is she a closet soap opera fan?). Truly, this club has created an enduring storyline over the years, with many plot twists, as our wheels have turned. The members are the stars; the roads, our stage; our bikes, the props; biking jerseys and shorts, our costumes. Join us as we look back on our favorite episodes!

In one of the latest plot twists, the banquet will have a new location this year. It will be held on January 10, at La Pizzeria on Dressler Rd. in Canton. Social Hour begins at 5 PM, dinner is at 6 PM and the program, including awards and prizes, begins at 7 PM. Dinner will be served family style, eliminating the need to choose your entree in advance. Guests will be able to enjoy both sliced Roast Beef au Jus and Parmesan Crusted Chicken, as well as Penne Pasta Marinara, Salad, Fresh Italian Green Beans in Garlic and Olive Oil, Roasted Potatoes, dessert, soft drinks, coffee and tea. There will be a cash bar.

All attendees will automatically be entered into a drawing to win one of several door prizes. Additionally, tickets will be sold for the very popular Triple Crown drawing, and three lucky participants will share the pot.

We have a New Class of 80 Year Olds (Members Emeritus) being inducted. Qualifying for both free membership in SCBC and a complimentary banquet meal are Don Burrier, Paul Larsen, Wayne Prazak and John Shaeffer. We will be contacting the new 80 Year Olds with details.

So, mark your calendars for January 10, and watch for the Reservation Form in the December Spokin' Word and on the SCBC website beginning in December.

Questions to Fran Massaro at fam554africa@gmail.com.



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Oktoberfest 2025 Photos













THANK YOU Rob and Jan

Roving Photographer on the road





SCBC Membership Report 10/29/2025



<u>Current Memberships</u>	241
Approximate Total Members	308
Legacy Patron (\$500+)	5
Triple Chainring Patron (\$75)	16
Double Chainring Patron (\$55)	10
Single Chainring Patron (\$45)	5
Family (Including 11 Patrons)	67
Individual (Including 25 Patrons)	174

The last mail pickup was Wednesday, October 29
New memberships since October 1, 2025 = 3

Thom Spellman
Membership Chairman



The Stark County Bicycle Club now has 20% discount Link for ROAD ID.

Road ID has impacted over 5 million lives since 1999. Road ID's mission is to educate outdoor enthusiasts about the importance of wearing ID and to provide athletes with innovative identification products that they will want to include as part of their gear.

This ID can be worn on your wrist, watchband or shoe.

The information on your ID is customized to your needs: Name, address, emergency contacts, allergies just to list a few options.

So don't hesitate to click on the link below and give you and your family a peace of mind when you are out on the road or wherever your travels may lead you.

A special thanks to Nikki Deligny for applying for this discount for our club!

[https://roadid.com/pages/groupdiscount?
rfsn=7883216.ed270a4&utm_source=teamsprogram&utm_medium=affiliate&utm_campaign=teamsgroupsclubs-
20percentdiscount](https://roadid.com/pages/groupdiscount?rfsn=7883216.ed270a4&utm_source=teamsprogram&utm_medium=affiliate&utm_campaign=teamsgroupsclubs-20percentdiscount)

The Stark County Bicycle Club Patron's List

On behalf of the Membership,

we would like to thank the following people for their support to our club



Tim Conley
Scott Low
Tim Robison
Tom & Beth Sinacore
Jodi Taylor



Karen Erdos
Carl Humenik
Eric Johnson
Ken Knabe
Steve McGinnis
Erik & Georgeta Nedelcu
John & Fran Shaeffer
Robert & Janice Spalding
Bob & Valerie Valentine
Dwight Witte



Lark Dickstein-Rienerth
Dirk Doverspike
Raymund & Dawn Durkee
Robert & Cindy Eicher
Sharon & Alan Fritts
Sally Griffiths
David McKinley
Kevin & Theresa Mikesell
Larry Petrasek
Chris Redmond
Michael Reed
Sandy Robitz
Denny Simon
Stephen & Carol Spring
Bruce Treiber
Benjamin Young

SCBC Legacy Members

Mike & Peg Abrams
Rich & Treva Aeling
Bob & Shelley Doerschuk
Bob & Dorothy Forney
John & Elaine Snively



November Birthdays As of 10-27-2025

	Birthday	Spouses Birthday
Taylor Orvosh	11/01	
Karen Mueller	11/02	
Marilyn Perdue		11/04
Jill Smiley		11/04
Theresa Mikesell		11/05
David Hunter	11/07	
Joyce Flaherty		11/09
Laurie Skul	11/09	
Mary Ellen Valentino	11/09	
Karen Erdos	11/10	
Debbie Vogt		11/11
Dave Novak	11/13	
Peg Stoner	11/13	
Sharon Fritts	11/24	
Kate Potashnik	11/24	

December Birthdays As of 10-29-2025

	Birthday	Spouses Birthday
Dennis Updike	12/02	
Earl Pitzer	12/07	
Mary Gaiani	12/08	
John Ebel		12/09
Mary Boron	12/13	
Joe May	12/14	
Robert Spalding	12/15	
Sherry Jennings		12/17
Ann McHale	12/17	
Rick Parr	12/17	
Judy Snyder	12/17	
Gail Fahrney		12/18
Robert Imler	12/18	
Michael Jones	12/18	
Lark Dickstein-Rienerth	12/19	
Greg Dyer	12/19	
Robert Eicher	12/19	
Don Royer	12/19	
Anthony Sablar	12/20	
William Jennings	12/21	
Pamela Sayre	12/22	
Elaine Snively		12/24
Janice Spalding		12/24
Alan Fritts		12/25
Robert Zehnder	12/26	
Chip Klingaman	12/27	
Diane Mizer	12/27	
Nate Stuyvesant		12/28
David Swinehart	12/28	
Linda Christman		12/29
Ron Ingersoll	12/30	
Treva Aeling		12/31

Stark County Bicycle Club Ride Schedule Information

SCBC RIDE GUIDELINES HELMETS ARE REQUIRED ON ALL CLUB RIDES AND INVATIONALS

Participants under the age of 18 must be accompanied by a parent or other adult supervisor on all rides and at all Club activities.

Club rides are listed with letters denoting the Ride classification so riders will know if a ride is suited to their skill level.

Registration for all rides will be 15 minutes prior to the starting time listed.

Please call the Ride Leader or Road Captain if you have any questions about weather, route or difficulty of ride

Most of our rides can easily be shortened, if you are looking for less distance. Just let the ride leader know your intentions.

Non-Members are always welcome on club rides

Dress appropriately for the weather conditions.

CLASS A - Fast pace (over 19mph). An **A** rider is in excellent condition, can maintain a 19 mph pace for extended periods, and can complete a century (100 miles), even in adverse conditions of weather, traffic and terrain, in under 7 hours.

CLASS B - Moderately fast pace (15 -19 mph). A **B** rider is a strong rider, feels comfortable sharing the road with traffic, and can complete a century (100 miles) in under 8 hours.

CLASS C - Moderate pace (10 -14 mph). A **C** rider is a competent rider, in good conditions, can handle most traffic conditions, and can complete a 50 mile ride in under 6 hours.

CLASS D - Slow pace (5—9 mph). A **D** rider is a steady rider who may not feel comfortable in traffic and does not wish to attempt rides in excess of 20 miles. Should be able to complete a 20 mile ride in 3 hours

CLASS O - Open pace. Class **O** is given to a ride on which riders, including the ride leader, will be riding at whatever pace they choose.

CLASS MTB - Trail rides which may require technical ability or special bikes. These trails may have obstacles such as rocks, mud, logs or stream crossings.

CLASS NR - New Rider. Class **NR** is given to a ride specifically intended for new riders, who may be new to group riding. The ride leader will attempt to communicate “rules of the road” and will always stay with the slowest rider. Everyone is encouraged to ride together at the pace determined by those participating.

CLASS TRL - Rides which are entirely on trails or bike paths. They may be paved or hard packed

TOURIST CLASS - A special designation given to **C** and **D** rides which are designed to appeals to those who don't mind riding long distances, but who also like to take their time and stop to see places of interest along the way. These rides will generally have a destination of special interest where time will be taken to explore, investigate and enjoy the sights. All riders will be encouraged to ride together in a group with the ride leader.



November 2025 Ride Schedule

Editor's note: this schedule was copied on 10/30/2025
Please check online as changes happen often

- Sat, 11/1, 9:30 AM Canal F 578-63/102, 9:30 am SF Canal Fulton Park
- Sat, 11/1, 10:00 AM ALP 131 22/36 10a Sally G O Al Leno Park
- Sun, 11/2, 8:30 AM CF 378-47, 8:30 AM Treiber B ride Canal Fulton Park,
Bruce Treiber (330) 844-1434
- Sun, 11/2, 11:00 AM LCP 513 11a Sally G O Lake Community Park
- Mon, 11/3, 10:00 AM LCP - 253 - 29mi - 10:00 AM - O - Lt John 330-354-9971 Lake Community Park
- Mon, 11/3, 1:00 PM JCP 520-21 1:00 O M Figg Jackson Community Park
- Mon, 11/3, 9:00 PM CLN, 210, 25 miles, 9:00am, M Burns, O Clinton Trailhead, M Burns, 330-754-8753
- Tue, 11/4, 1:00 PM CFP 344-18 1:00 O M Figg Canal Fulton Park
- Tue, 11/4, 3:30 PM LAT 507-25, 3:30 PM Treiber B ride Lake Ave Trailhead,
Bruce Treiber (330) 844-1434
- Wed, 11/5, 10:00 AM MTZ 263 26 10a John Shaeffer Metzger Park
- Wed, 11/5, 1:15 PM CPP, 203, 19 miles, 1:15pm, M Burns, O Craig Pittman Park,
M Burns, 330-754-8753
- Thu, 11/6, 9:00 AM CFP, 545, 30 miles, 9:00am, M Burns, O Canal Fulton Park, M Burns, 330-754-8753
- Fri, 11/7, 10:00 AM LCP 377 27 10a John Shaeffer Lake Community Park
- Fri, 11/7, 10:00 AM Jackson P M 526- 26, 30 10:00AM Jackson Community Park Peg S 330-575-5334
- Sat, 11/8, 9:30 AM Dalton 509-61, 9:30am SF Dalton Village Green Park
- Sat, 11/8, 10:00 AM LCP 608 32 10a Sally G O Lake Community Park
- Sun, 11/9, 9:00 AM FL 268-42, 9:00 AM Treiber B ride Fort Laurens, Bruce Treiber (330) 844-1434
- Sun, 11/9, 11:00 AM LCP 120 29/35 11a Sally G O Lake Community Park
- Mon, 11/10, 9:00 AM CLN, 568, 26 miles, 9:00am, M Burns, O Clinton
- Mon, 11/10, 10:00 AM LCP 449 23 10a John Shaeffer Lake Community Park
- Tue, 11/11, 10:00 AM LakeAvT. 444-34, 10:00AM Deb M. 330-575-1399 Lake Avenue Trailhead
- Tue, 11/11, 3:30 PM AL 299-30, 3:30 PM Treiber B ride Al Leno Comm Park,
Bruce Treiber (330) 844-1434
- Wed, 11/12, 10:00 AM QH 457 23 10a John Shaeffer Quail Hollow Park
- Wed, 11/12, 1:16 PM CPP, 515, 28 miles, 1:15pm, M Burns, O Craig Pittman Park,
M Burns, 330-754-8753
- Thu, 11/13, 10:00 AM Canal F.P 578-26, 10am DM Canal Fulton Community Park
- Fri, 11/14, 10:00 AM LCP 608 32 10a John Shaeffer Lake Community Park
- Fri, 11/14, 10:00 AM Craig Pit. M 585 28 m 10:00 AM Craig Pittman Peg S 330-575-5334
- Sat, 11/15, 8:30 AM NPS 146-45, 8:30 AM Treiber B ride Canal Fulton Park,
Bruce Treiber (330) 844-1434
- Sat, 11/15, 10:00 AM ALP 472 26 10a Sally G O Al Leno Park

November 2025 Ride Schedule

Editor's note: this schedule was copied on 10/30/2025
Please check online as changes happen often

Sun, 11/16, 9:30 AM Dalton 537-55, 9:30am SF Dalton Village Green Park SF 330.418.5285
Sun, 11/16, 11:00 AM LCP 564 29 11a Sally G O Lake Community Park
Mon, 11/17, 10:00 AM LCP 563 28 10a John Shaeffer Lake Community Park
Tue, 11/18, 10:00 AM Lake Ave.T. 511-29 miles, 10am DM Lake Avenue Trailhead
Tue, 11/18, 3:30 PM LAT 577-29, 3:30 PM Treiber B ride Lake Ave Trailhead,
Bruce Treiber (330) 844-1434
Wed, 11/19, 10:00 AM AL 472 26 10a John Shaeffer Lake Community Park
Wed, 11/19, 12:00 PM Canal F 559-41, 12 pm SF Canal Fulton Park Sharon 330.418.5285
Thu, 11/20, 10:00 AM Lake Ave.T 606 -26, 10am DM Lake Avenue Trailhead
Fri, 11/21, 10:00 AM LCP 521 34 10a John Shaeffer Lake Community Park
Fri, 11/21, 10:00 AM Jackson P M 567 24m. 10:00AM Jackson Community Park PegS 330-575-5334
Sat, 11/22, 9:30 AM Dalton 529-50, 9:30 am SF Dalton Village Green Park Sharon 330.418.5285
Sat, 11/22, 10:00 AM ALP 389 29 10a Sally O Al Leno Park
Sun, 11/23, 8:30 AM FP 189-42, 8:30 AM Treiber B ride Franklin Park Strasburg,
Bruce Treiber (330) 844-1434
Mon, 11/24, 9:00 AM CLN. 420, 21 miles, 9:00am, M Burns, O Clinton Trailhead,
M Burns, 330-754-8753
Mon, 11/24, 10:00 AM LCP 564 29 10a John Shaeffer Lake Community Park
Tue, 11/25, 3:30 PM MTZ 261-29, 3:30 PM Treiber B ride Metzger Park Louisville,
Bruce Treiber (330) 844-1434
Wed, 11/26, 10:00 AM QH 481 27 10a John Shaeffer Quail Hollow Park
Wed, 11/26, 1:15 PM CPP,436, 18 miles 1:15pm, M Burns, O Craig Pittman Park, M Burns, 330-754-8753
Thu, 11/27, 8:00 AM MTZ, 367, 27 miles, 8:00am, M Burns, O Metzger Park, M Burns, 330-754-8753
Fri, 11/28, 10:00 AM Lake Ave T M426 26m 10:00AM Lake Avenue Trailhead PegS 330-575-5334
Fri, 11/28, 10:00 AM LCP 452 24/30 10a John Shaeffer Lake Community Park
Sat, 11/29, 9:30 AM Dalton 558-33/61, 9:30am SF Dalton Village Green Park Sharon 330.418.5285
Sat, 11/29, 10:00 AM ALP 248 23/26 10a Sally G O Al Leno Park
Sun, 11/30, 5:30 AM MTZ 335-42, 8:30 AM Treiber B ride Metzger Park, Bruce Treiber (330) 844-1434
Sun, 11/30, 11:00 AM LCP 452 25/30 11a Sally G Lake Community Park
Sun, 11/30, 12:30 PM CFP, 378, 30/47 miles, 12:30pm, M Burns, O Canal Fulton Park,
M Burns, 330-754-8753

November Map News

Ride with GPS Club Account If you want to join the SCBC RideWithGPS Club Account, which is where all our digital maps are stored and listed, send a request to the SCBC Membership Chairman, currently Thom Spellman. You will receive an invite link. Click on the link and follow the directions provided. There are a number of benefits to joining, including voice navigation as you ride using either your cell phone, Garmin, or other GPS device. You must be a club member to join. And don't forget that all of our "paper" maps are available in pdf format at bikescbc.com. Also a list of Starting Locations, a map of Starting Locations, and a complete downloadable Map List providing information about each of our rides can be found on the club website.



Routes added to Ride with GPS:

261- Robertsville Loop
Route starts at Metzger Park in Louisville. Route originated 2003
Rolling terrain, 1591ft ascent for 56ft per mile.
Ride with GPS Link: ridewithgps.com/routes/53149137

If you would like to submit a new route or update an existing route please contact me.

Rob Stewart
bikerstew@icloud.com
330-807-5594
Map Librarian/Cartographer





January 2026 Florida

Stark County Bicycle Club Florida Tour dates for 2026 are Saturday Jan.17 to Saturday Jan 31, 2026.

The SCBC was able to negotiate and secure 18 rooms at the Island Sun for 119.00 plus tax for a standard King or Double Queen room. Rooms with Kitchenette are 149.00 plus tax and Deluxe Suites are 149.00 a night plus tax. These rates are only valid until Dec 15, 2025. After that all unreserved rooms will be released and the current rate change may apply.

Cancellation Policy: The guest can cancel free of charge until December 15th 2025. Should you cancel after Dec. 15th you will be responsible for charges of the first night room rate plus tax.

No Show Policy: No show policy applies to the guest who has a reservation at the Island Sun, who does not appear on the reservation date of arrival. No show will be charged a penalty equivalent to the 7 nights room rate plus tax and fees per room.

Once you have made your reservation, please send me text or email with your room number so you may be added to communication list

Thank you

Sally

Insurance Waiver Reminder

All Club members must sign the insurance waiver in order to participate on SCBC rides.

You may find this form on the SCBC Web page on the left hand side 5th item down titled Insurance Waiver.

There are 2 insurance waivers, one for adults and one for a minor. A separate copy for each adult and minor is needed.

If you did not fill out an insurance waiver and sent in with your 2024 membership form, please do so as soon as possible. You may also give to any ride leader or mail in to SCBC, P.O. Box 592 Uniontown, Ohio 44685.

Thank you

New & Featured Member Articles

We all have a story to tell, New Members and Seasoned Veterans alike. What is better than sharing that story with other members of the Club in the "Spokin' Word". We need New and Existing Member articles to feature in our newsletter, so we can enjoy those stories and get to better know each other.

We always need articles for upcoming newsletters, so I urge anyone who would like to share a story about themselves with photographs to please contact me by e-mail or phone. The deadline for submitting articles is the 10th day of the prior month.

This position is open, Please contact Sally Griffiths if you are interested.

New & Featured Member Representative

SCBC Membership Meeting Minutes

October 11, 2025 @ 5:00PM
Oktoberfest - Following Dinner
Home of Rob and Janice Spalding
9995 Bentgrass Ave NE, Hartville, OH

Attendees: Sally Griffiths , Fran Massaro, Jim Weinschenk, Ben Young, Diane Holleger, Dave Swinehart, Madelyn Swinehart, Jacquelyn Swinehart, Alex Swinehart, Gary Fahrney, Gail Fahrney, Dwight Witte, Phil Christman, Linda Christman, Rob Spalding, Janice Spalding, Beth Sinacore, Peg Stoner, Deborah Mohler, Karen Schlabach, Roy Schlabach, Thom Spellman, Marilyn Perdue, Dave Cardarella, Scott Young, Fran Shaeffer, John Shaeffer, David Hunter, Deb Hunter, Bill Mishler, Rob Stewart, Linda Shaheen, Karen Erdos, Don Burrier, Bill Trissel, Sally Trissel, Valerie Valentine, Bob Valentine, Jim Garofalo, James Ruberti, Mike Johnson, Tom Sinacore, Vicky Mundt, Mike Mundt, Glenn Corey

President's Opening Remarks:

Sally opened the meeting by welcoming all attendees. She acknowledged long-time member Bill Trissel and his wife Sally who will be moving to Venice, Florida next week. Those members going on the Florida tour in January will see Bill there. Sally also recognized another long time member, Dwight Witte, who is moving to Colorado at the end of this month to be near family. Both members will be missed.

Birthdays - Fran Massaro

Birthdays for the month of October are as follows: Jim Garofalo, David Kohler, Scott Low, Jim Vaccaro, Bill Simons, Greg Clark, Mark Bruce, Carl Humenik, John Ash, Buck Kidd, Paul Larsen, Sue Puglisi, David Helms, Bob Baker, Carol Spring, Lindsay Hart, Scott Rini, Glenn Corey, Andy Fussell, Peg Abrams, Lucy Figg, Edmund Grace, Dawn Durkee, Don Hogue

Birthdays for the current and upcoming month are posted in each edition of the Spokin' Word (Thank you Dave Cardarella.)

Sympathy/Get Well announcements - Fran Massaro

We are happy to see that Peg Stoner is healing well from her recent biking accident, and Linda Christman is on the road to recovery after her non-biking related accident. The club sends get-well wishes for Leurene Hildebrand: She is having aortic valve replacement on October 22. She had a medical emergency while playing pickleball at the National SR Olympics in July in Iowa. We also wish Bill Mishler the very best with his upcoming back surgery.

Banquet Update

The Annual Awards Banquet will be held January 10, 2026 at La Pizzeria on Dressler Road in Canton. This is a change of venue from Tozzi's on 12th, where we've held the banquet for the past 13 years. Guests will be able to enjoy both sliced Roast Beef au Jus and Parmesan Crusted Chicken, as well as Penne Pasta Marinara, Salad, Fresh Italian Green Beans in Garlic and Olive Oil, Roasted Potatoes, dessert, soft drinks, coffee and tea. A Banquet Survey was handed out to all attendees to help the Banquet Committee identify which activities are the most desirable to attendees.

Vice-President - Dave Swinehart

November - Kayla Kerek of Vitality Physical Therapy will speak

December - no meeting

Treasurer - Roy Schlabach

The Key Bank checking account and cash balance as of September 30, 2025 was \$16,140.07. We took in \$0.00 in dues for the month. Total disbursements were \$277.00 for administrative costs and pizza for the September club meeting.

Road Captain - Sharon Fritts

There are 58 rides scheduled for October hosted by 10 ride leaders. Mark Coventry is leading his last 2 rides Oct 7&9.

Sharon would like ride leaders to be posting their rides for each upcoming month earlier than the 23rd cutoff date, so that she has more time to see where the holes are and get rides to fill them. Mike Johnson said he is not

Sharon also stressed that we really need a few members to step up and schedule rides next spring. Beth Sinacore suggested the Ride Captain send monthly notices to the entire club seeking people to lead rides for the following month - similar to what Hilltop Hikers. Sally said that is not really practical because ride leaders must be trained, and only a small percentage of the club membership is trained. We need a greater percentage of the membership to be trained in leading rides.

New Member Rep - open position

Sally has been reaching out to new members as she receives new member notifications from Thom Spellman. Has contacted several new members - including some younger members.

Advocacy - Dave Cardarella

Not much is going on at the state level, but funding at the federal level is being canceled. We all need to contact our congressional representatives and emphasize that biking is important. Dave recommends having a stock letter that emphasizes that obesity and diabetes are at epidemic levels, and bicycling is one of the best ways to combat these health issues.

Newsletter - Dave Cardarella

October's Spokin' Word is now on the website. It was delayed this month due to a myriad of technical issues. Thank you Dave for sticking with it.

Meeting Minutes continued...

Membership Chairman - Thom Spellman

As of September 27, 2025 there are 308 current members; a decrease of 8 members from a year ago. We have a total of 36 Patron Memberships (unchanged from August), broken down as follows:

Legacy Patron (\$500+): 5
Triple Chaining Patron (\$75): 18
Double Chaining Patron (\$55): 10
Single Chaining Patron (\$45): 7

There were 2 new members in September. They are: Laurie Skul of Hartville and Angela Schlabach of Uniontown.

Thom is responsible for updating members' personal information that is on the Member Directory page. You can email changes to him at any time, but these changes do not get posted to the website until the end of each month.

Cartographer - Rob Stewart

New Routes Added:

454-60 - Tuscarawas Bike Centennial CCW (counter-clockwise)
608 - Dabbling out of Lake Community - 32 mile spinoff from map 512 out of Quail Hollow.
588-58 - West Side Emerald Necklace Loop. Starts at Brecksville by the equestrian barn. Trail and parkway ride side-by-side.

Revised Routes:

380 - SW to Orville. This route has been changed to avoid Deerfield Hill and some busy roads.

Removed Routes:

301 - Circle the Reservoir. 24 and 33 mile routes removed from the library. These are old routes that were removed due to the stretch of Mount Pleasant being closed.

Statistician's report - Bruce Treiber (No miles report submitted)

SCBC Plus - Sally Griffiths

No report

Florida Trip

The Florida Bike Tour is January 17th-31st. The deadline to reserve rooms at the club rate is December 15th. Please let Sally know if you book a room, if you have reserved a room elsewhere. There is one male club member looking for someone to share a room with him. Please contact Sally if you are interested,

Sally asked that if any members are planning to do other tours, please let her know so it can be posted to the general membership in case others are interested in participating as well

OLD BUSINESS

Website Update

Bruce and Ben have met with Les Lehman. The following is a summary of their progress:

Meeting minutes will be able to be posted on the website by the club secretary.

They talked about enhancing a message system to be able to get messages out to all members. We currently use the RWGPS message system and the Stark County Bicycle Club Facebook page but this does not reach all members. This is still being investigated.

If Dave Cardarella continues to do the Spokin' Word, he can continue to do it as the PDF, but we will have the "post" system ready to go for the next overseer of the newsletter.

Mileage Stats- Would we continue to post these on the website or just do a link directing this to the RWGPS site? - *The general consensus of the Board was for the link directing to the RWGPS site, rather than duplicating what RWGPS already provides.*

Board members will get separate and published email addresses assigned to them when they are serving on the board.

Individual member information would be done by each member or potential member individually. This would take much of the work off the Membership chairperson.

We had discussion on Initial dues payment and renewal but not finally decided.

Meeting Minutes continued...

Needed Club Position Candidates for 2026:

We still need candidates for the following board positions:

President, Trustee, and Road Captain. Members are strongly encouraged to step forward and help lead the club through the next year. If you are interested/willing to fill any of these positions, please let Sally or any other board member know. Also, please talk to anyone you think might be interested and encourage them to step forward.

Members' Meeting Schedule and Venue for 2026

There will be 6 club meetings for 2026. Three will be held at Walthers, two at The Canal Grille and for 2026. The October meeting will be held at the Oktoberfest Picnic. Sally is still trying to negotiate a lower room fee at Walthers, but for now the Board budgeted \$300 to cover fees for 2026.

New Club Jerseys

Sally circulated mock-ups of the new club jersey design. She received pricing from Pactimo and Voler. Pactimo's pricing was lower than Voler's to start, and the club will benefit from Sally's 30% discount as a Pactimo brand ambassador, making Pactimo a clear winner. Sally passed around some of her own Pactimo jerseys of varying styles so that we could see and feel them. The jerseys will be full-zip, with short and long sleeve options. Members can choose from the Continental (looser fit, club-style jersey) or the Ascent (fitted) styles, but we must have a minimum order of 5 for any given style. Sally has requested a sizing bin and will have it available at rides for members to check sizing before ordering. Pactimo jerseys run small, so it will be important that members see/try on the sizes before ordering. Pactimo will set up an online store for the club from which we will order our jerseys. The jerseys will be shipped directly to the members. The club will not have to handle sales, inventory or delivery.

E-Bike Policy

The Board adopted an e-bike policy at the September meeting. We are reminded of the club's mission to promote the general interest of cycling in all its phases; to encourage and facilitate touring, racing, and cycling outings. We need to remember that we don't always know other peoples' stories. E-bikes are a means of keeping people who love to ride, but would not be able to do so without an e-bike, biking longer and safer than they otherwise would.

Adjournment

Prior to adjourning, Sally thanked Rob and Janice Spalding for hosting the Oktoberfest, Bob and Val Valentine for helping with set-up, and John and Fran Shaffer for bringing their corn hole games.

Sally asked for a call to adjourn the meeting at 5:30 pm. Dave Swinehart motioned for adjournment. Karen Erdos seconded. Corn Hole, Disc Golf, and socializing followed adjournment.

Submitted,

Fran Massaro, Recording Secretary

Ride With GPS - Year To Date Mileage

SCBC Club Miles 28692 Total Miles as of 10/29/2025

Sharon Fritts	9022	John Shaeffer	1745	Paul Larsen	229
Deborah Mohler	3950	Mary Ellen Valentino	1697	Carl Humenik	227
Bruce Treiber	3474	Scott Young	1551	David Kulik	200
Thom Spellman	2367	James Ruberti	1156		
Jim Herberger	2249	Mark Bruce	825		

Total Miles 154277 Total Miles as of 10/29/2025

Sharon Fritts	13985	Andrew Hodgson	3576	Bill Simons	919
Marilyn Perdue	8474	Mel Slebert	3295	Matthew Brown	846
Dave Cardarella	8337	Mary Ellen Valentino	3150	Phil Christman	833
Roy Schlabach	8144	Robert Valentine	3105	Dave Swinehart	675
Steve Silver	6452	Thom Spellman	3020	Karen Schlabach	572
Rob Stewart	6045	Mark Coventry	2972	Lindsay Hart	477
Peg Stoner	5804	Nick DiMauro	2753	Linda Christman	458
Bill Mishler	5037	Scott Young	2649	David Kulik	391
Deborah Mohler	5018	Jim Herberger	2406	Frances Massaro	388
Mike Figg	5002	Tom Sinacore	2327	Larry Petrasek	275
Bruce Treiber	4458	Paul Chip Klingaman	2197	Paul Larsen	229
Karen Mueller	4393	Thomas Allchin	1651	Carl Humenik	227
Chuck Knott	4260	Matthew Long	1604	Benjamin Young	204
Don Royer	4229	James Ruberti	1597	Steve McGinnis	190
Tom Bower	4223	Beth Sinacore	1520	Diana Stutzman	169
Jim Weinschenk	4163	Donna Benzing	1480	Monica Coventry	128
Dirk Doverspike	4107	John Snively	1057	Nate Hand	37
Bob Evans	3741	Dennis Updike	994	Vicky Mundt	34

E-Bike Miles 0 Total Miles as of 10/29/2025



Commuter Miles

Commuting miles are defined as any miles on the bike during which you substitute a bicycle for a motor vehicle. You can include trips to work, school, appointments, errands and riding to a club ride (SCBC scheduled ride miles should not be included in your commuter miles).

Reporting will be on the Honor System. Send your miles via email to davecardarella@gmail.com once a month. I will track your miles and they will be reported in the newsletter. If you miss a month, just send me your miles and I will include them.

Dave

2025 SCBC Commuter Miles

	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Mark Bruce	127	127	268	275	167	196	209	188	429				1986
Dave Cardarella	190	343	443	449	234	431	144	319	533	555			3641
Rich Grella		22	292	448	530	410	697						2399
Ken Hlavac	291	373	329	65	8	55	47	45	102				1315
Mary Hlavac	21	47	47	9		4							128
Marilyn Perdue	190	343	446	454	244	431	162	319	533	555			3677
Toni Powell	110	78	142			23		23					376
Don Royer	384	422	644	10	73	111	118	191					1953
Linda Shaheen							15	60	120				195
Paul Tucci													0
Benjamin Young													0
SCBC total													15670

**Congratulations
to the 2024
Commuter
Miles winner

Don Royer**



Commuter miles	
2024	11,908
2023	17,657
2022	13,912
2021	22,728
2020	16,907
2019	11,852
2018	11,588
2017	18,747
2016	14,547
2015	20,164

How Much Air Pollution Is Prevented When Commuting by Bicycle?

10 mile round trip commute 5 days a week for a year (2600 miles annually)

Small car	35 mpg	68 gallons of gas	.7 Tons of CO ₂
Midsize car	20 mpg	124 gallons of gas	1.3 Tons of CO ₂
SUV or 4x4	14 mpg	170 gallons of gas	1.9 Tons of CO ₂

And those are just the pollutants from fuel use. From the foam and plastic in its seats to the petroleum in its tires, each car is a small pollution factory. Several tons of waste and 1.2 billion cubic yards of polluted air are generated in its manufacture alone! In 2008 the US produced 1.6 million billion metric tons of waste mining ore for automotive production. In the US each year, painting and coating cars produces 40 million pounds of air releases and 24 million pounds of hazardous wastes.

During its lifetime, on the road, each car produces another 1.3 billion cubic yards of polluted air and scatters an additional 40 pounds of worn tire particles, brake debris and worn road surface into the atmosphere.

Bicycling significantly reduces transportation emissions while also reducing traffic congestion and the need for petroleum. The total number of pounds of pollutants, (comprised of hydrocarbons, carbon monoxide, nitrogen oxides and carbon dioxide), emitted per year is 12,140.30 lbs/year (or 0.97 lbs/mile) for passenger cars and 17,025.80 lbs/year (or 1.21 lbs/mile) for light trucks.



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